### Get the Word Out!

#### **Count It!**

**Count** your pills once every two weeks. This will prevent theft and ensure that medications are taken properly.

#### Lock It!

**Lock** up your medications and store them in a place that others would not think to look.

#### **Drop It!**

**Drop** off unused/expired medications for proper disposal at your participating law enforcement departments.

Visit <a href="www.CountItLockItDropIt.org">www.CountItLockItDropIt.org</a>
to find a location near you.

Count It! Lock It! Drop It!







For counting sheets, lock boxes, or additional information on prescription drug abuse prevention visit

www. Count It Lock It Drop It. org

Scan for help identifying your medications.



Need help identifying medications? Visit www.drugs.com

## Don't be an accidental drug dealer.

Check your medications at least once every two weeks for safety and security.

# **Medication Counting Sheet**

Name of Medication			Quantity											
(Example) Ibuprofen														
Dosage: 800mg	Instructions: 2 Per Day (90 Days)	Starting Qty: 180												
Dosage:		Starting Qty:												
Dosage:		Starting Qty:												
Dosage:		Starting Qty:												
Dosage:		Starting Qty:												
Dosage:		Starting Qty:												

Meds missing? Contact your local law enforcement.

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